

## Service members need support in the communities in which they live.

Only 37 percent of our military Families live on installations while the remaining 63 percent live in over 4,000 communities nationwide. Studies show that many returning Service members prefer to get help from local sources. It is the physicians, behavioral health providers, first responders, and other professionals who may serve as the first line of support for those Veterans or Family members.

**You can help.**



### Continuing Behavioral Health Education

Army OneSource offers courses from the Center of Deployment Psychology, which are designed to improve communication with Service members, Veterans and their Families. These **nationally accredited courses** are quick and easy to complete and are available online and **free of charge**.

**Military Cultural Competence** (1.25 hrs) Explains Military culture including values, structure, policies, and expectations to help providers better understand, communicate, and interact with Service members and their Families; utilizes a blend of experiential exercises and self-study.

**Posttraumatic Stress Disorder** (1.5 hrs) Presents risk factors, symptom manifestation, and evidence-based treatment modalities for adults who are faced with posttraumatic stress; founded in the newest research in the field of trauma; utilizes a blend of experiential lessons, research-based information, and detailed case studies to help prepare you to assess and effectively treat individuals who have been traumatized by a wide range of events.

**Domestic and Intimate Partner Violence** (1 hr) Describes the prevalence of domestic and intimate partner violence in the United States and helps participants understand the cyclic nature of domestic violence between partners and within families. Helps providers implement effective risk assessment, treatment, and referrals for victims and perpetrators of violence.

**Identification, Prevention, and Treatment of Suicidal Behavior for Service Members and Veterans** (2.25 hrs) Provides information regarding the health significance of suicide with a focus on Military and Veteran populations and tools to more competently assess and address suicidality in these populations; utilizes a blend of experiential exercises, didactic information, and case examples.

### Step-by-Step Instructions for Course Registration

- From your browser, go to <http://aos.cequick.com>
- On the "Bring Them the Rest of the Way Home" page, click **Army OneSource Online Training** to view course descriptions and reviews.
- To continue the course registration process, click **Add to Cart**.
- Click **Checkout** to proceed.
- On the "Member Sign-In" page, click **Register** to create an account.
- Enter your contact details and click **Register**.  
(If an account already exists, log in with email and password.)
- On the "Secure Checkout" page, enter address details and click **Proceed to Next Step**.  
(Details are needed for registration, however, courses are free.)
- Select **Submit Order** to finalize your course registration.  
(After order submission, a customer receipt will be generated with customer service information.)



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